

JUDO – EVEIL – FITNESS

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
<p>Fitness Ennery</p> <ul style="list-style-type: none"> • <i>Ados-adultes</i> 19h45/20h45 	<p>Judo Hérouville</p> <ul style="list-style-type: none"> • <i>Dès 6 ans</i> 17h30/18h45 <p>Judo Ennery</p> <ul style="list-style-type: none"> • <i>Ados-adultes</i> 19h00/20h30 	<p>Judo Ennery</p> <ul style="list-style-type: none"> • <i>Initiation</i> (GS/CP) 11h/12h • <i>Enfants</i> CE-CM 15h/16h15 <p>Eveil Ennery</p> <ul style="list-style-type: none"> • <i>PS/MS/GS</i> 16h30/17h30 <p>Fitness Ennery</p> <ul style="list-style-type: none"> • <i>Ados-adultes</i> 20h15/21h15 	<p>Remise en forme Hérouville</p> <ul style="list-style-type: none"> • <i>Adultes</i> 19h15/20h15 	<p>Judo Ennery</p> <ul style="list-style-type: none"> • <i>Cours enfants</i> 17h30/19h00 <p>Judo Ennery</p> <ul style="list-style-type: none"> • <i>Ados-adultes</i> 19h00/20h30 	<p>Cross fit Ennery</p> <ul style="list-style-type: none"> • <i>adultes</i> 10h/11h